

G-FEST: GODDESS RISING

Mount Shasta

1 TO 9 AUGUST 2019



Gaia World

A Unique Experience...

UNIFYING WOMEN FROM ALL OVER THE WORLD

This is a special invitation to connect with Mount Shasta and her community.

Within this unique experience, we have the privilege to be a part of **G-Fest: GODDESS RISING**.

G-Fest is a festival dedicated to the empowerment of women.

It is a sacred space dedicated to connect, expand, transform and envision with women from all over the world.

With music, dance, and mindful practices within the purity and crystal essence of Mount Shasta

we will honor our sacred feminine energy...

Join us as we celebrate the resurgence of our divine feminine!



JULY 31, 2019

San Francisco Redding

The two closest airports to Mount Shasta are Redding or San Francisco. We recommend gathering with a group to rent a car from either of these two airports. We can assist with this...

San Francisco is 5 hs south of Mount Shasta.

Redding is just one hour south of Mount Shasta.



AUGUST 1

Welcome to Shasta

IN THE MORNING

Arrival to Mount Shasta and Home.

IN THE AFTERNOON

Welcoming Circle

Flow Dance with Marisa Cheb Terrab

SISIKIYOU LAKE

Siskiyou Lake is also known as Mirror Lake as Shasta's image is reflected marvelously over her. The crystalline appearance of this lake evokes profound meaning to the soul -it reflects the eternal wisdom-"as above so below."



2 TO 4 AUGUST

Goddess Festival

IN THE MORNING

Circle with Lyra

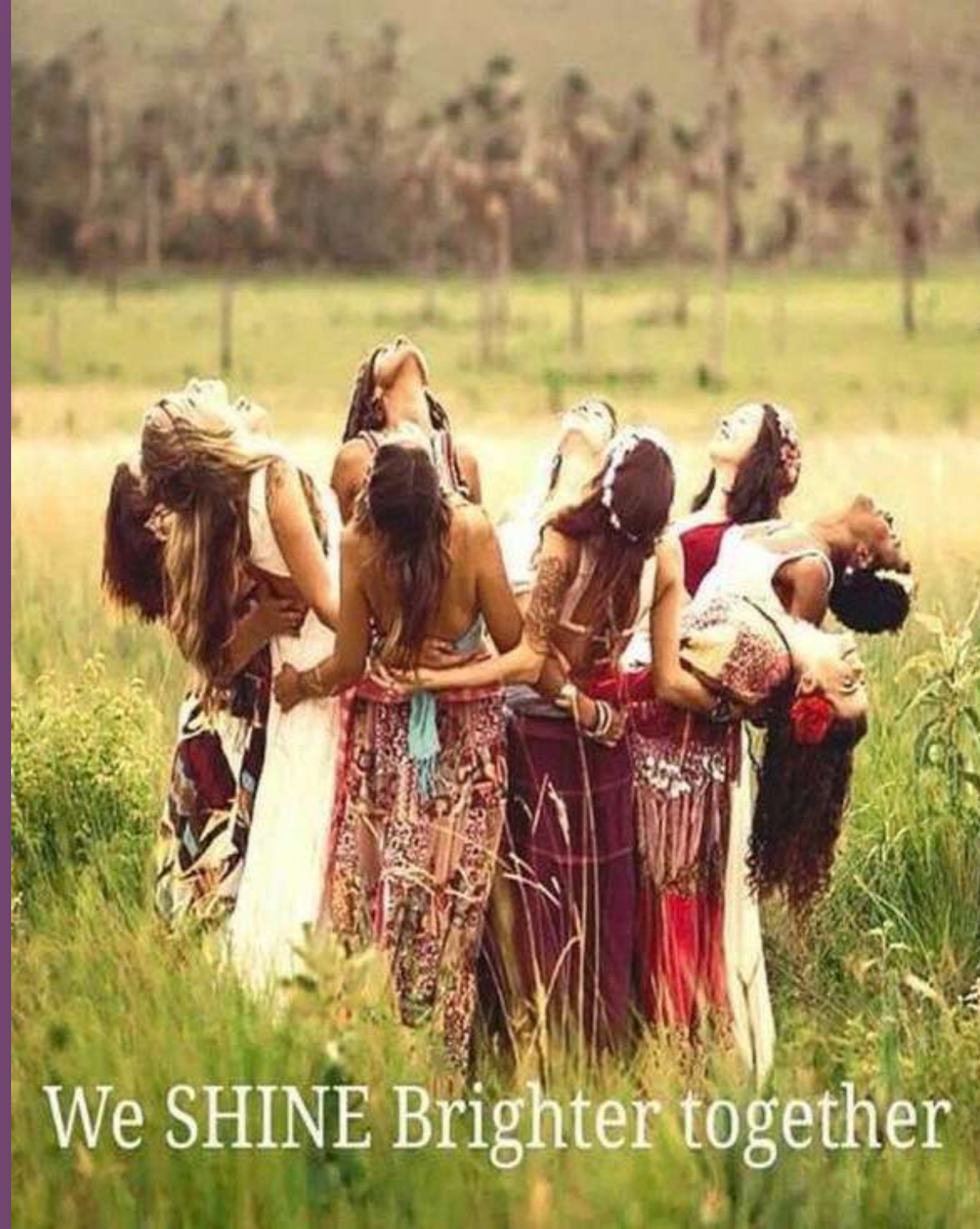
A contemplative walk with Lyra in the small forest near the headwaters-where the sacred crystalline waters emerge to nourish and feed one of California's main rivers, the Sacramento River. We will open a sacred circle to honor and celebrate Mount Shasta's crystalline waters.

IN THE AFTERNOON

¡We will head up to Castle Lake to begin celebrating

G-Fest: GODDESS RISING FESTIVAL.

www.gfest.life



We SHINE Brighter together

5 AUGUST

Stewart Mineral Springs

IN THE MORNING

Closing Festival

IN THE AFTERNOON

We will go to the healing thermal waters of Stewart Mineral Springs, a great part of the healing presence of Mount Shasta are her waters.



6 AUGUST

Panther Meadows

IN THE MORNING

We will head up to Mount Shasta

The original communities request that we enter with reverence and silence. Panther Meadows, is a sacred valley revered for her potential, medicine and tranquility. It is considered to be a doorway in between the dimensions. ..

IN THE AFTERNOON

CRYSTAL ROOM

We will receive a sound healing bath with the abundance of the crystal bowls by Beverly in "The Crystal Room."



7 AUGUST

Shasta Community

IN THE MORNING

Shasta Spirit

A silent walk, with the non-dual practice of mindfulness with Danielle Light. We will walk, breathe and be with the precious trees and land way up on the mountain. Danielle will share her “non-dual” teachings in the sanctuary.

IN THE AFTERNOON

Spirit Walker

Della Clark, will lead us on a drum circle ceremony as well as offer us alchemical keys, mono-silabic sounds, to practice and bring home with us.



8 AUGUST

Mc Cloud Falls

IN THE MORNING

We will go to Mc Cloud Falls with Lyra.

We will open sacred ceremony to celebrate the abundance of life.

Within this sacred ceremony we will release old paradgyms of fear and survival, to open up and receive the beautiful universal flow of life.

IN THE AFTERNOON

Closing Circle

Ecstatic Dance with Shasta Community



AUGUST 9

Last Day

Check out is around midday...here we will part ways, with a blessed embrace and a "bye for now"...

Namaste





Guide



Veronica

FOUNDER OF GAIA WORLD | GAIAWORLD.COM.AR

Veronica de Aboitiz, founder of Gaia World (www.gaiaworld.com.ar) invites you to find your keys of peace, well-being and wisdom within. Her journey began at 18 when she realized there was a much larger state of consciousness than the one she was in...a series of powerful synchronicities lead her to spend four months at a Buddhist Monastery in Bodh Gaya, India, studying Vipassana, Zen and Tibetan meditation. She received her Bachelor of Arts at Wesleyan University, CT majoring in Comparative Studies of Religions. She studied her major in Contemplative Psychotherapy at Naropa University. After receiving her third initiation in Reiki in New York City, vibrational sounds began to emerge opening doorways to subtle spaces integrating the alchemy of rejuvenation and healing. Here, she met Lyra, one of her main guides, (www.livingshaman.com) and accompanied her to many sacred ceremonies around our Mother Earth: Argentina, Peru, Mexico, Mt. Shasta, and Brazil.

After living for some time with the Navajos in Arizona, the precious red lands taught her ancestral songs to help transcend the cognitive mind to enter the “mind-out-of-time” space within us all.

When she reached Mount Shasta, she finally felt she had found home on this planet. Here, she learned how to balance the emotional body and feel the whispers of silence. Two encounters with the portal of death, lead her to viscerally understand that ones´ guides are ALWAYS there.

At 33, she was called to celebrate her birthday with the gentle, dolphins in Northern Brazil. Her dolphin school had begun. For the past 7 years she has hosted retreats swimming and meditating with these wise and gentle beings. For ten years she has accompanied people to energetic vortices, opening circles of connection and hosting retreats in different parts of the world.



Colaborators

Marisa Cheb Terrab

I love dancing in Nature and sharing my love and passion through conscious movement. I have been Teaching movement for 32 years. I am a certified 5 Rhythms teacher, Soul Motion teacher and Chackra movement facilitator. In training now to be a mindfulness certified teacher. I call the synthesis of my work, Método Flow Dance as a way to honor and follow my sacred flow and offer a path to everyone who feels the call to freedom and love through mindful dance. My essence vibrates with the spirit of lightness and flow. I love traveling and knowing people from different cultures. I invite you to join me and experience the spirit of your own flow and enjoy your sacred dance!

www.marisachebterrab.com



Mikayla Sophia Lev

Mikayla Sophia Lev is an Earth Activist, Documentary Filmmaker, Superfood Fairy, and an Event Producer. She is passionate about evolutionary new paradigm ways of living, from community building, to spirituality, health and nutrition and the healing arts. She has a deep love for nature, water protection and women's empowerment. She has traveled extensively and feels blessed to live in the presence of the sacred land of Mt. Shasta, California. She is the principal organizer and guardian of the vision for G-Fest.

www.gfest.life





Lyra

Lyra is a contemporary visionary who was called into service in 1990. Her Spiritual Teachers of non-physical realms, guided and disciplined her “to follow in the footsteps of no other”. This challenge and commitment to serve Mother Earth, Father Sky propelled her expansive work to the “cutting edge.”

Her first mission to Bimini/Bermuda Triangle vortex, initiated and reflected to her far-reaching powers and mystery. This set the tone for expeditions with Spirit that followed over the years. Worldwide tours included Mexico, Greece, Egypt, Peru, Argentina, Hawaii, North America and other sites. She was requested to be useful as an activation rod to re-install specific Galactic frequencies as a Crystal Grid Engineer.

This intention was for earth and humanity to become aware of new choices and potentials in alignment with ascension shift. Gaia sent forth a "call" for help years ago. Lyra also worked intimately with mountains such as Rainier, Shasta, Denali, Mona Loa, Kilauea, Popocatépetl, and others. She was guided to create sacred ceremony that was inspired by the communication with each mountain / or vortex site. Each step in her initiation demanded surrender, to raise her vibratory awareness.

The Mystery and Light of this activation work has become the wellspring of her sharing for conscious advancement.

Lyra has been useful as a way shower co-creating the crystal grid with Earth & Sky for decades. In 2016 she responded to a call to return to Mt. Shasta, Mt. Rainier and Mt. Denali for quite an expanded and in-depth connectivity with the mountain devas, higher non-physical frequencies, crystal grids, dragons and middle earth kingdoms including Telos. She was returning from this extensive mission back to New Mexico; when she decided to rest for two days with her beloved Mt. Shasta and Telos. Both embraced her and now she calls Mount Shasta her home. She continues to align with the earth-gate and star-gate of Mount Shasta to respond as a gate keeper and crystal grid light worker. Lyra shares her wisdom, love and connectivity in unique and often unexpected ways. The “moment” is her clarity, freshness and guidance.

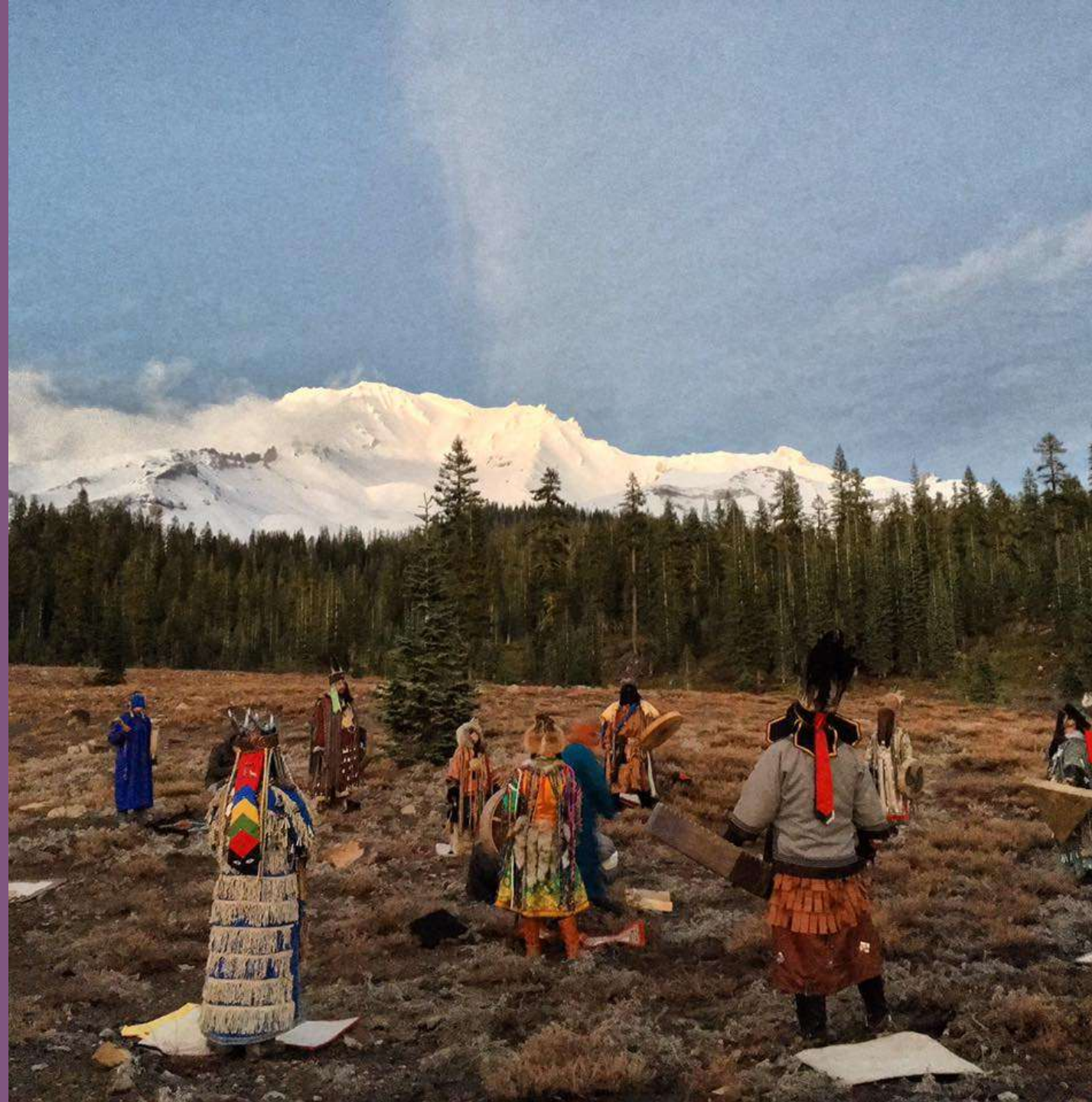
www.livingshaman.com

Della Clark

An ancestral lineage of connection with spirit, a childhood of communication with her guides and teachers, as well as various experiences with the portal of death lead Della to her vocation as a shamanic practitioner. She teaches and shares different tools to journey within...

www.spiritwalkersretreat.com

www.mountshastafriendsoftibetanculture.org



Danielle Light

Creator of the sanctuary Shasta Spirit, Danielle will share her immersion within the paradigm of union and oneness with us.



This journey includes

Shared lodging in houses/rooms for 8 nights/ 9 days

Cordination of proposed events: all activities are optional.

Ticket for **G-Fest: Goddess Rising Festival** with camping.

Individual Session with Verónica/ Gaia World

ACTIVITIES MENTIONED (with additional costs)

Below is the donation suggested...

- Crystal Bowls Ceremonies (The Crystal Room) : \$20 usd
- Della Clark / Spiritwalker : \$10 a 20 usd
- Stewart Mineral Springs : \$30 usd
- Circle with Lyra: \$10 a \$40 usd
- Ecstatic Dance: \$10 usd
- Flow Dance: \$10 a \$20 usd

All major credit cards are accepted: Mastercard, American Express, Discovery and Visa. A 5% is added to cover the financial costs of the credit cards.

U\$S 999

**EARLY BIRD
(BEFORE 28/6)**

U\$S 888



Welcome...



OURWORLDGAIA@GMAIL.COM